

VTBNC

Edition



Honeysuckle
Regional Health



HONEY SUCKLE REGIONAL HEALTH

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2019

<https://hrh.org.au/violet-town>

HONEY SUCKLE HERALD

VTBNC EDITION

CEO REPORT June 2019

Hello to Everyone and welcome to Winter,

The Royal Commission into Aged Care continues to roll around the country and I am receiving daily updates. There are certainly some unsavoury stories unfolding and we are all hoping reforms or outcomes will be embraced and implemented by the government. These reported incidents are in all very small percentage of facilities and some go back a number of years. We are very proud of both of our facilities and will continue to strive to provide optimum care. When we don't get it right please let us know and we will work with you to improve our service. At recent Support visits from the Quality Agency both facilities achieved compliance no action required.

The Bain Marie dining experience is now a reality and apart from a few hitches reports have been very favourable. Residents, families and friends have been involved in the process and their input has been invaluable.

We will keep evaluating this process and any suggested improvements will be reviewed. Violet Town Bush Nursing Centre (VTBNC) has been fortunate to receive significant donations in the past few weeks. One of these donations has been ongoing for a number of years and we are forever grateful. Donations are used primarily to supply those extra special things for our cherished residents. I would encourage residents and families to consider a bequeath if at all possible. VTBNC meets all taxation requirements for deductible gift recipient.

The Friends of VTBNC continue to work tirelessly and their work doesn't go unnoticed.

All the best

Barry Hobbs

CEO

VTBNC

HONEY SUCKLE REGIONAL HEALTH

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Friends Of The Violet Town Bush Nursing Centre

The Winter Solstice is just around the corner, which means daylight hours will be lengthening! It doesn't always feel like we are heading out of winter until at least the end of August, but by then the Memorial Courtyard should be starting to look even more inviting. Madonna and her helpers are doing a wonderful job, and the beautifully constructed stone wall looks as if it will last forever! Great job Mick.

The Friends have been busy raising money to put towards the courtyard and other much needed "stuff" for the residents of our wonderful aged care facility. We recently held a financially successful Mother's Day raffle. The prize included vouchers, mostly donated, from many Violet Town businesses, a voucher from Benalla Mitre 10 and a lovely crocheted blanket. It was won by Bronwyn Jacka. Thanks to everyone who volunteered and sat outside the VT Corner Store and sold tickets, and particularly those who purchased tickets!

Our next raffle will be held at the July VT Market and the prize is a cubic metre of firewood and another lovely tartan crocheted blanket. Thanks in advance to those who have volunteered to help flog, errrr, I mean, sell, tickets on the day.

Keep warm and well everyone.

Linda & Friends

Day Therapy Update

With the cooler weather upon us our Day Therapy Group are enjoying the warmth and coziness of our Day Centre Room.—particularly on cooking days—there's nothing nicer than home baked cookies and a cup of tea in a comfy chair!

Our group look forward to their fortnightly shopping days to Euroa. This gives most of our clients the opportunity to buy treats and also amble around the shops and sometimes bumping into old friends.

The craft group also enjoyed a day in Wangaratta recently where we went to a needlework fair, and then we treated ourselves to a nice lunch. A great day out was had by all, and we brought home some new ideas for our own craft days.

The Men's and Ladies monthly outings on a Thursday are fun social days which allows some of our 'over 65's' the opportunity that they might not otherwise have had to get out and about and catch up with old friends—and it often doesn't matter where!

Brenda Hoare

Day Care Coordinator



Home Care Packages

Home Care Packages are increasing and with the changes in standards and pricing on My Aged Care by 1st July it's a very busy time in this area. New consumers (they are no longer to be called clients) are from Benalla, Baddaginnie and Violet Town and some of our consumers have been upgraded to a higher level package to cover their needs after 1-2 years waiting. There have been visits to community members who have received a letter from My Aged Care to say they will be allocated their Home Care Package in 1 - 3 months so numbers will increase.

Lyn Newnham

Case Manager

Quality Coordinator News

From 1 July 2019, the new Charter of Aged Care Rights will provide the same rights to all consumers, regardless of the type of Australian Government funded care and services they receive. The Charter will apply to consumers once they start receiving Australian Government funded aged care, including: residential care, home care packages

- ◆ Residential care
- ◆ Home care packages
- ◆ Flexible care
- ◆ Services provided under the Commonwealth Home Support Program and the National Aboriginal and Torres Strait Islander Flexible Aged Care Program.

The new Charter of Aged Care Rights will replace the:

- ◆ Charter of care recipients' rights and responsibilities – residential care
- ◆ Charter of care recipients' rights and responsibilities – home care
- ◆ Charter of care recipients' rights and responsibilities – short-term restorative care (part 1, residential care setting; part 2, home care setting)

Charter of Aged Care Rights - I have the right to:

1. safe and high quality care and services
2. be treated with dignity and respect
3. have my identity, culture and diversity valued and supported
4. live without abuse and neglect
5. be informed about my care and services in a way I understand
6. access all information about myself, including information about my rights, care and services
7. have control over and make choices about my care, personal and social life, including where the choices involve personal risk
8. have control over, and make decisions about, the personal aspects of my daily life, financial affairs and possessions
9. my independence
10. be listened to and understood
11. have a person of my choice, including an aged care advocate, support me or speak on my behalf
12. complain free from reprisal, and to have my complaints dealt with fairly and promptly
13. personal privacy and to have my personal information protected
14. exercise my rights without it adversely affecting the way I am treated.

The new Aged Care Quality Standards



New consumers of Honeysuckle Regional Health aged care services will commence receiving services under the new Charter as of July 1st 2019. Existing consumers will be required to read, and have the charter discussed with them or their representative and signed by a member of Honeysuckle Regional Health's management team (or a representative) over the coming months. Honeysuckle Regional Health Residential Aged Care Facility Manager and the Home Care Packages and Day Therapy Coordinators will commence the process in the coming weeks. As a provider of aged care services the representative who discusses the Charter with you will then sign the Charter as having been discussed. You, as the consumer or a representative of a consumer may sign if you wish to. You will be given copy of the signed Charter for your reference.

Palliative Care News

Death and dying are part of our world in the aged care environment and often difficult to talk about. If you or a loved one are entering the palliative phase of care our staff are available to help you through this difficult time. The Violet Town Nursing Home Community Hub has information pamphlets on the 'Process of Dying' and 'Understanding Grief'. If you are finding it a difficult subject to talk about reading these pamphlets may help initiate conversation and clear up a few 'myths' about the dying process. Please ask a staff member for assistance in locating a pamphlet. We will shortly have copies of 'Living, Dying & Grieving Well: A guide to palliative care' that will also be available for assistance in coping in this difficult time.

Arlene Collins
Quality Coordinator

Bain Marie

After a few renovations and technical issues, the new bain marie meal service in River Gum was up-and-running on the Queen's Birthday Public Holiday. Following a few 'teething' issues, it is now a resounding success.

Residents from Grevillea are escorted to the dining room where they are able to make their own meal choices for breakfast, lunch and tea—they can even come back for seconds if they want!

The whole dining experience for residents is a real pleasure—and the smell of the food! Well, what can you say we are fortunate to have some of the best Cooks working for us.



Walking Group



We are very fortunate to have an enthusiastic group of volunteers who come in every Tuesday morning to take our cherished residents out walking through the streets of Violet Town. These residents look forward to this time very much and enjoy looking over the fences to see what is growing and flowering in all the gardens. Chatting with passers-by and friends in town is also good fun.

The facility recently purchased some orange vests for the safety of both volunteers and residents while out walking.

Fundraising Event

Gilly's bat was recently raffled!

What do you do when you have a once-in-a-lifetime opportunity to own a personally signed cricket bat by one of Australia's favourite players?

You raffle it of course!

Tickets were on sale for several months at the Nursing Home and the local Café—thank you to Gary and Lou for continuing to support VTBNC. Not to mention CEO Barry for bailing up most of his mates to buy tickets!

The raffle was drawn on 14th May and was won by one of our own staff members, Julie Harrington, who was absolutely ecstatic with her prize. She said she planned on donating it to her grandson's school. Well done!

Once again we would like to thank the Violet Town community for supporting the Nursing home, and the Op Shop for kindly donating the bat to us.

We are pleased to announce that we raised \$380 for the residents .



